

CITY OF LINCOLN

RECREATION GUIDE

SPRING/SUMMER 2019



Aquatics Programs

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Kids Kamp

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Youth Programs

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Summer Movie Series

Blanket + Giant Screen + Stars in the Sky +
Pre Movie Activities + Refreshments =
A GREAT Family Night Out !

Activities start at 7pm FREE movie showing will begin at dusk



Peter Singer Park
June 14th



Foskett Park
July 12th



McBean Park
August 9

Presented by City of Lincoln &



Contact: 916.434.3223 for available SPONSORSHIP Opportunities

WELCOME



2010 First Street
Lincoln, CA 95648

(916) 434 - 3220

Mon-Fri
8:30am - 12pm, 1 - 4:30pm
Closed from 12 - 1pm

www.LincolnRec.net

CITY OF LINCOLN COMMUNITY CENTER



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Swim Lessons

Each swim lesson session includes eight 40 minute lessons. Sessions are Tuesday-Friday for two weeks.

Fee: \$65/\$70NR

	Spring Session 1 5/14-5/24	Spring Session 2 5/28-6/7	Summer Session 1 6/11-6/21	Summer Session 2 6/25-7/5	Summer Session 3 7/9-7/19	Summer Session 4 7/23-8/2	Summer Session 5 8/6-8/16	Summer Session 6 8/20-8/30
10-10:40am			P/P • AQ19.018	Level 1 • AQ19.042	P/P • AQ19.066	Level 1 • AQ19.090		
			Level 1 • AQ19.019	Level 2 • AQ19.043	Level 1 • AQ19.067	Level 2 • AQ19.091		
			Level 2 • AQ19.020	Level 3 • AQ19.044	Level 2 • AQ19.068	Level 3 • AQ19.092		
			Level 4 • AQ19.021	Level 4 • AQ19.045	Level 4 • AQ19.069	Level 4 • AQ19.093		
10:45-11:25am			P/T • AQ19.022	Level 1 • AQ19.046	P/T • AQ19.070	Level 1 • AQ19.094		
			Level 1 • AQ19.023	Level 1 • AQ19.047	Level 1 • AQ19.071	Level 2 • AQ19.095		
			Level 2 • AQ19.024	Level 2 • AQ19.048	Level 2 • AQ19.072	Level 3 • AQ19.096		
			Level 3 • AQ19.025	Level 3 • AQ19.049	Diving • AQ19.073	Level 4 • AQ19.097		
11:30am-12:10pm			Level 1 • AQ19.026	P/P • AQ19.050	Level 1 • AQ19.074	P/P • AQ19.098		
			Level 1 • AQ19.027	Level 1 • AQ19.051	Level 2 • AQ19.075	Level 1 • AQ19.099		
			Level 2 • AQ19.028	Level 2 • AQ19.052	Level 3 • AQ19.076	Level 2 • AQ19.100		
			Level 3 • AQ19.029	Diving • AQ19.053	Level 5 • AQ19.077	Level 4 • AQ19.101		
12:15-12:55pm			Level 1 • AQ19.030	Level 1 • AQ19.054	Level 1 • AQ19.078	Level 1 • AQ19.102		
			Level 2 • AQ19.031	Level 2 • AQ19.055	Level 2 • AQ19.079	Level 2 • AQ19.103		
			Level 3 • AQ19.032	Level 3 • AQ19.056	Level 3 • AQ19.080	Level 3 • AQ19.104		
			Level 4 • AQ19.033	Level 3 • AQ19.057	Level 4 • AQ19.081	Level 3 • AQ19.105		
5:30-6:10pm	P/P • AQ19.002	P/P • AQ19.010	Level 1 • AQ19.034	Level 1 • AQ19.058	Level 1 • AQ19.082	Level 1 • AQ19.106	Level 1 • AQ19.114	Level 1 • AQ19.122
	Level 1 • AQ19.003	Level 1 • AQ19.011	Level 2 • AQ19.035	Level 1 • AQ19.059	Level 2 • AQ19.083	Level 1 • AQ19.107	Level 2 • AQ19.115	Level 2 • AQ19.123
	Level 2 • AQ19.004	Level 2 • AQ19.012	Level 3 • AQ19.036	Level 2 • AQ19.060	Level 3 • AQ19.084	Level 2 • AQ19.108	Level 3 • AQ19.116	Level 3 • AQ19.124
	Level 4 • AQ19.005	Level 4 • AQ19.013	Level 4 • AQ19.037	Level 3 • AQ19.061	Level 4 • AQ19.085	Level 3 • AQ19.109	Level 4 • AQ19.117	Level 4 • AQ19.125
6:15-6:55pm	Level 1 • AQ19.006	Level 1 • AQ19.014	P/P • AQ19.038	P/T • AQ19.062	P/P • AQ19.086	P/P • AQ19.110	P/P • AQ19.118	P/P • AQ19.126
	Level 2 • AQ19.007	Level 2 • AQ19.015	Level 1 • AQ19.039	Level 1 • AQ19.063	Level 1 • AQ19.087	Level 1 • AQ19.111	Level 1 • AQ19.119	Level 1 • AQ19.127
	Level 3 • AQ19.008	Level 3 • AQ19.016	Level 2 • AQ19.040	Level 2 • AQ19.064	Level 2 • AQ19.088	Level 2 • AQ19.112	Level 2 • AQ19.120	Level 2 • AQ19.128
	Level 4 • AQ19.009	Level 4 • AQ19.017	Level 4 • AQ19.041	Level 4 • AQ19.065	Level 4 • AQ19.089	Diving • AQ19.113	Level 4 • AQ19.121	Level 4 • AQ19.129

Parent/Toddler (P/T): 6-24 months

Parent participation required. To develop a high comfort level in and around the water and a readiness to swim. This course does not teach children to be accomplished swimmers or to survive in water.

Parent/Preschool (P/P): 2-5 years

Parent participation required. To develop a high comfort level in and around the water and a readiness to swim. This course does not teach children to be accomplished swimmers or to survive in water. Some objectives are to exhale underwater (blow bubbles), and demonstrate a readiness to float with support.

Level 1: Introduction to Water Skills

To orient participants to the aquatic environment and teach children elementary skills that can be built on as they progress through The Learn to Swim program. Some objectives are to fully submerge head and retrieve underwater objects and to perform back float and front float.



Level 2: Fundamental Aquatic Skills

To build on the fundamentals learned in Level 1 such as aquatic locomotion, safety, and rescue skills, and to perform a combined stroke on front and back.

Level 3: Stroke Development

Learning objectives for this class are to coordinate the components of the front and back crawl, retrieve objects unsupported with eyes open, rotary breathing in a horizontal position, and learn the basic rules of diving.

Level 4: Stroke Improvement

To develop confidence and competency in the aquatic skills presented so far in the Learn to Swim program. Some learning objectives are diving from the side of the pool, building endurance by swimming elementary backstroke, breaststroke, butterfly, front and back crawl.

Level 5: Stroke Refinement

To coordinate and refine the key strokes presented thus far in The Learn to Swim program and to introduce flip turns while swimming on front and back, and tuck and pike surface dives.

Diving

A class that builds on the skills already learned. Teaching starts with beginning diving skills and will progress at the rate of the student's ability. Must have Level 4 skills.

Private Swim Lessons

For 1 participant, \$150

Semi-Private Swim Lessons

For 2-3 participants, \$225

Private and Semi-Private Lessons are available during the regular session dates from 1-1:30pm, 1:30-2pm, 5-5:30pm and 7-7:30pm

Contact McBean Pool at (916) 434-3230 for registration and scheduling.



Drop-In Programs

Drop-In admission fees apply to Recreation Swim, Family Swim, Lap Swim, Water Fitness and Tiny Tot Playtime.

3 & Under.....Free
4-17.....\$3
Adult.....\$5

Recreation Swim

The pool is open during the summer for recreation swim. The facility is equipped with diving boards, picnic areas, showers, and changing rooms. Lap lanes are available during lap swim times only. Children under the age of 8 are not permitted without an adult. *Schedule subject to change.*

6/10 - 8/14 • Mon-Fri • 2-5pm
6/15 - 8/31 • Sat • 2-5pm
4th of July & Labor Day: 12-5pm

Family Swim Night

Bring the family out for an evening of fun at the pool during our Family Swim on Monday Nights!

6/10 - 8/26 • Mon • 5:30-7:30pm

Tiny Tot Playtime

Tiny Tot Playtime is designed for children 6 & under along with their parents &/or guardian. Playtime is a great way to introduce your child to water.

6/10 - 9/2 • Mon • 10-11:30am

Water Fitness

Take advantage of the water's natural resistance in a low impact environment. This class combines shallow & deep water aerobics and is suitable for all fitness levels. *Ages 15+ Passes are available for sale at the pool during program times.*

4/29 - 8/30 • M/W/F • 7:30 - 8:15pm
9/9 - 11/1 • M/W • 6:30 - 7:15pm

Lap Swim

Participants may swim laps, water walk, or exercise at their own pace. The following equipment is available for use: kick boards, pull buoys, and noodles. *Ages 15+*

4/30 - 8/29 • T/Th • 7:30 - 8:30pm
9/3 - 10/29 • T/Th • 6:30 - 7:30pm

Pool Passes

Family Passes & Individual passes are good for entrance to Recreation Swim, Family Swim Night, and Tiny Tot Playtime. Water Fitness Passes are good for Water Fitness & Lap Swim.

Family Pass

\$120 (up to four people)
\$25 per additional family member

Individual Pass

\$50 Ages 4-17
\$75 Ages 18+

Water Fitness Pass

\$50 10 visit punch card
\$95 20 visit punch card
\$300 Water Fitness Season Pass

Pool Rentals/Parties

Private Pool Parties

The McBean Pool is available to rent for your special occasion. Rentals include exclusive use of the pool, deck, and picnic area and are staffed with lifeguards. Private parties are available on Saturdays or Sundays. *Call us today to schedule your private pool party!*

Fees:

\$125 per hour
\$50 per hour for additional lifeguards
(if party is more than 40 people)

Birthday Parties

Have a stress free birthday party and leave the planning to us! Parties are held during Recreation Swim.

Party Package Includes:

Use of McBean Pool facility during designated swimming hours for up to 3 hours, reserved tables for 1 hour, cake, punch, party invitations, paper products, and a party host.

Fees:

\$175 for 1-10 children
\$250 for 11- 20 children
\$4 for each additional child

Add-On Options:

Pizza, \$25 per 10 guests



Junior Lifeguarding

American Red Cross Junior Lifeguarding is designed to guide adolescents ages 11-14 to the Red Cross Lifeguarding course by building a foundation of knowledge, attitudes and skills for future lifeguards. It serves to bridge the gap between Learn-to-Swim and Lifeguarding, and includes the following topics: Development of swimming skills and endurance • Victim recognition • First Aid/CPR/AED • Water rescue skills

AQ19.137 • 8/12 - 8/30
Mon-Fri • 3:30 - 5:30pm • Fee: \$125/\$130NR

Basic Water Rescue

Whether you are a foster or adoptive parent seeking certification requirements – or you work or volunteer in a field that takes you on, in, or near the water – or you're a weekend warrior who loves to swim, boat or paddle around the pool – our Basic Water Rescue programs can complement all that you do. This Basic Water Rescue course provides individuals with the information and skills necessary to prevent, recognize and respond to aquatic emergencies. The Basic Water Rescue course does not provide participants with all the information and skills needed to be certified as a lifeguard. Bring a swim suit and towel to this one day class. Age: 16+

AQ19.132 • 7/13 • Sat • 9am - 1:20pm
\$55/\$60NR

Lifeguard Recertification

Please contact the pool for more information,
(916) 434-3230



Lincoln Lightning

The Lincoln Lightning Swim Team is a non-traveling, intramural program. Placement on the team is based on space availability and skill level as determined by mandatory tryout/evaluation and space availability. Go to the Aquatics page at www.LincolnRec.net for specific guidelines and requirements. **Age: 6-18**

Practice Times: 7:30-10am*

Practice Days: Tues, Wed, and Fri

AQ19.130 • 6/11-8/10 • \$150/\$160NR

Lightning Bugs

The Lightning Bugs is a beginner program for our Lincoln Lightning Swim Team. Placement into Bugs is based on skill level as determined by a mandatory tryout/evaluation and space availability. Go to the Aquatics page at www.LincolnRec.net for specific guidelines and requirements. **Age: 4-16**

Practice Times: 8-10am*

Practice Days: Mon and Thurs

AQ19.131 • 6/10-8/8 • \$100/\$110NR

Mandatory Tryouts/Evaluations

5/11 • 9 - 11am

5/14, 5/15, 5/16 • 3 - 5pm

Participants must attend **ONE** of the mandatory tryout/evaluation times if he/she **WAS NOT** on the Lincoln Lightning or Lightning Bugs during the 2018 season **OR** If participant wants to advance from Bugs to Lightning.

Important Dates and Information

Pre-Registration is required for returning participants before the end of the day on **5/25** for placement. If participant is placed on a team, registration and payment will be required at first practice. Teams will be posted online and at the office on **6/4**.

Swim Meet Dates:

June 29, July 20 & August 3 • 8:30am - 1pm

End of Season Awards Social: August 10

No Practice Dates: July 1 - July 5

Swim Team Conditioning

PRE TRYOUT - This 5 day program is for swimmers preparing for swim team try outs. Swimmers will work on endurance and technique as required per swim team guidelines. **Ages 4-18**

AQ19.154 • 5/6 - 5/10

Mon - Fri • 3:30 - 4:30pm • \$40/\$45NR

POST TRYOUT - This 8 day program will help improve conditioning and skill building for swimmers interested in preparing for the swim team season or just getting in shape. **Ages 4-18**

AQ19.155 • 5/21 - 5/31

Tues - Fri • 3:30 - 4:30pm • \$65/\$70NR

**Specific practice schedule will be determined once participants are assigned to a team.*



Camp Lincoln

Kids Kamp is designed to inspire kids to explore, discover and play by providing fun, safe and age appropriate recreation enrichment programs which encourages social development, provides diverse experiences, and promotes health and wellness.

Each week will be inspired by a theme and will be filled with making new friends all while enjoying action packed games, arts and crafts projects, yummy cooking projects, sports, science and awesome field trips! **Every Monday is a Pool Day!** Please bring a sack lunch, snack, and water to camp daily. Come join the fun!

Ages: 5-12
When: Mon-Fri • 9:00am - 4:00pm
Weekly Fee: \$145 Full Day/\$72.50 Weekly Half Days (\$120 for Week 4. *No camp on 7/4*)
Daily Fee: \$45 • Thursday's Field Trip \$55
Super Starter: \$25 Week/\$10 day (7:30am - 9am)
Fun Finale: \$30 week/\$15 day (4pm - 6pm)
Location: Lincoln Community Center



Week 1- Workshop of Wonders

6/17-6/21 • Camp Color Wars
 Field Trip: Toy Story 4 (Blue Oaks Theatre)
 Location: Lincoln Community Center

Monday - Pool Day
 Tuesday - Gold Panning Demo, Art Bot Drawing Machine
 Wednesday - Apple Fruit "Donuts"
 Thursday - Camp Lincoln Color Wars
 Friday - Toy Story 4, Crazy Dress Up Day

Week 2- Summer Olympics

6/24-6/28 • Camp Lincoln Olympics
 Field Trip: Camp-A-Palooza
 Location: Lincoln Community Center

Monday - Pool Day
 Tuesday - Sports Beaded Keychain
 Wednesday - Cheerio Trail Mix
 Thursday - Camp-A-Palooza
 Friday - Camp Lincoln Olympics, Sports Dress Up Day

Week 3- Heroes Journey

7/1-7/5 • Superhero Showdown
 Field Trip: Strikes Bowling (ON FRIDAY)
 Location: Lincoln Community Center

Monday - Pool Day
 Tuesday - Emergency Services Demonstration, Patriotic Butterfly Mosaic
 Wednesday - Fruit "Rockets"
 Thursday - NO CAMP • HAPPY 4TH OF JULY
 Friday - Strikes Bowling, Superhero Showdown, Superhero Dress Up Day

Week 4- Ultimate Ninja

7/8-7/12 • Amazing Race Challenge
 Field Trip: Mojo Dojo
 Location: Lincoln Community Center

Monday - Pool Day
 Tuesday - Paper Bag Ninjas
 Wednesday - Apple Ninjas
 Thursday - Mojo Dojo
 Friday - Amazing Race Challenge, Ninja Dress Up Day

Week 5- Sugar Rush

7/15-7/19 • Dodgeball Tournament
 Field Trip: Roller King
 Location: Lincoln Community Center

Monday - Pool Day
 Tuesday - Lego Demonstration, Lego Balloon Car
 Wednesday - Banana Boats
 Thursday - Roller King
 Friday - Dodgeball Tourney, Cartoon Dress Up Day

Week 6- Deep Sea Discovery

7/22-7/26 • Double Dare Challenge
 Field Trip: SeaQuest of Folsom
 Location: Lincoln Community Center

Monday - Pool Day
 Tuesday - Big Mouth Sharks & Shark Puppets
 Wednesday - Under the Sea Graham Crackers
 Thursday - SeaQuest of Folsom
 Friday - Double Dare Challenge, Anything Sharks Dress Up Day

Week 7- Barnyard Palooza

7/29-8/2 • Kahoots Challenge Tournament
 Field Trip: Bounce U
 Location: Lincoln Community Center

Monday - Pool Day
 Tuesday - Piggy Planters
 Wednesday - Strawberry mice
 Thursday - Bounce U
 Friday - Kahoots Challenge Tournament, Western Dress Up Day

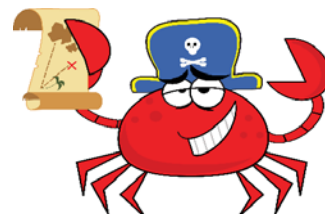
Week 8- Wilderness Escape

8/5-8/9 • Wilderness Escape
 Field Trip: Sacramento Zoo
 Location: Lincoln Community Center

Monday - Pool Day
 Tuesday - Wildlife Demonstration, Woven Mini Blankets
 Wednesday - Orange Butterflies
 Thursday - Sacramento zoo
 Friday - Camp Lincoln Survivor, Hawaiian Dress Up Day

Save the Date:

Kids Kamp's Got Talent Show will be on Friday, August 9, 5:30pm at the Lincoln Community Center



For more information go to www.LincolnRec.net or call us at 916.434.3220

Specialty Camps

Get a full day experience at one location!



Sports & Fitness Camps

All Things Golf (\$115) · 7 & Up: Week 6
 Baseball/Softball Camp (\$72.50) · 7 & Up: Week 3
 Basketball (\$72.50) · 7 & Up: Weeks 1 and 4 / 11 & 12: Week 6
 Cheer & Dance (\$72.50) · 7 & Up: Week 8
 Flag Football (\$72.50) · 7 & Up: Weeks 2, 5 and 8
 Gymnastics Camp (\$72.50) · 7 & Up: Weeks 4 and 7
 Heart Healthy Yoga (\$72.50) · 7 & Up: Week 6
 Just Do It! (\$72.50) · 11 & 12: Week 2
 Move It! (\$72.50) · 11 & 12: Week 1
 Nerf Wars Camp (\$72.50) · 7 & Up: Weeks 2, 5 and 8
 Soccer Camp (\$72.50) · 7 & Up: Weeks 3 and 6
 Tumbling Camp (\$72.50) · 7 & Up: Weeks 6 and 8
 Volleyball (\$72.50) · 7 & Up: Weeks 1, 4 and 7 / 11 & 12: Weeks 7 & 8

Tech Camps

Early Engineers (\$195) · 5-6: Week 5 / 7 & Up: Week 3
 JavaScript — Coding & Electronics (\$170) · 9 & Up: Weeks 1 and 5
 Radical Robots (\$170) · 8 & Up: Weeks 2, 3 and 8
 Stop Motion Animation (\$170) · 9 & Up: Week 8

Culinary Camps

Bon Appetite (\$90) · 7 & Up: Weeks 1, 4 and 7
 Chopped (\$90) · 11 & 12: Week 5
 Confection Connection (\$90) · 11 & 12: Week 6
 Little Chefs (\$90) · 5-6: Week 2 and 8

Creative Art Camps

All Things Art (\$72.50) · 5-6: Weeks 1 & 7
 Clownin' Around Camp (\$90) · 7 & Up: Weeks 2 and 5
 DIY (\$72.50) · 11 & 12: Week 4
 Fantasy Camp (\$72.50) · 5-6: Week 4
 Get Started in Art Camp (\$72.50) · 7 & Up: Week 4
 Krafty Kids Kamp (\$72.50) · 7 & Up: Week 2
 Mini Musicians (\$72.50) · 5-6: Weeks 1 and 6
 Music 101 (\$110) · 7 & Up: Weeks 3 and 7
 Rejewelvenate and Beyond (\$72.50) · 5-6: Weeks 4 and 7
 Theatre Camp (\$72.50) · 7 & Up: Weeks 2, 5 and 8
 Tip Toes and Tiara's Camp (\$165) · 5 & Up: Week 7

Life Skills Camps

Let's Build It! (\$85) · 5-6: Week 5 / 7 & Up: Weeks 2 and 8
 Life Hack (\$72.50) · 11 & 12: Week 5
 Mad Gardeners (\$72.50) · 7 & Up: Week 7
 Reel in the Fun (\$85) · 7 & Up: Week 3 / 11 & 12: Week 7
 Rookie Safety Training Camp (\$72.50) · 5-6: Week 1
 Sewing (\$90) · 7 & Up: Week 6

Educational Camps

All About Animals (\$72.50) · 5-6: Weeks 1 and 6
 Around the World (\$72.50) · 5-6: Weeks 2 and 7
 Aviation Camp (\$72.50) · 7 & Up: Week 2
 Awesome Aquarium (\$95) · 7 & Up: Week 6
 NatureVenture (\$72.50) · 5-6: Weeks 3 & 8 / 11 & 12: Week 3
 Ooey Gooyey (\$72.50) · 7 & Up: Weeks 1 and 4
 Reptiles and Amphibians (\$72.50) · 7 & Up: Weeks 4 and 7
 Rockets to the Rescue (\$72.50) · 7 & Up: Week 4
 Science Camp (\$72.50) · 5-6 Year Olds: Week 3
 S.T.E.M. Camp (\$90) · 11 & 12: Week 4
 The Great Outdoors (\$72.50) · 7 & Up: Week 6

Other Awesome Camps

Battle Royale (\$60) · 11 & 12 Year Olds: Week 3
 Crime & Spy Camp (\$72.50) · 5-6: Weeks 3 & 8 / 7 & Up: Week 5
 Disney (\$72.50) · 5-6: Weeks 3 & 6
 Giving Back Camp (\$72.50) · 11 & 12: Week 1
 Heart Healthy Yoga (\$72.50) · 7 & Up: Week 6
 Parks & Play (\$72.50) · 5-6: Weeks 2 and 6
 Princess & Pirates Camp (\$72.50) · 5-6: Week 1
 Splish, Splish, Splash (\$72.50) · 5-6: Weeks 4 and 8
 Superhero Camp (\$72.50) · 5-6: Weeks 4 and 7
 Swimming Camp (\$72.50) · 11 & 12: Weeks 2 and 8
 That Makes Sense! (\$72.50) · 5-6: Weeks 5 and 7
 Water World (\$72.50) · 5-6: Weeks 2 and 5
 Wet N' Wacky Camp (\$72.50) · 7 & Up: Week 5



Let your imagination run wild and be creative at Kids Kamp!



Preschool Camps

New this summer! We are offering specially designed science camps. Mad Science Preschool Programs are engaging hands-on learning experiences for preschool children aged 4-5. Each camp is an interactive, age-appropriate exploration of a specific science topic.

Ages: 4 - 5

Location: Lincoln Crossing Elem, Science Room
Instructor: Mad Science Staff
Fee: \$159/\$164NR



Little Green Thumbs

Blossoming minds will love this week! This camp teaches all about the amazing things that happen in the garden. Learn that plants, fruits, and vegetables start from seeds. Explore what they need to grow and survive and where they get those things as we study weather. Discover the role that bugs and butterflies play in making your garden grow.

AC3.041 • 7/22 - 7/26 • Mon-Fri • 9am-12pm

The Amazing You!

Is your little one a burgeoning Medical Doctor, Dentist, or Biologist? Humans of all shapes and sizes will benefit from this fun-filled opportunity to explore the organs, systems and cells that make us who we are. This camp takes children on a journey of self-discovery about the most important organisms around – THEMSELVES! Campers will gain a better understanding of the amazing "machine" they live in and use every day to taste, smell, hear, think and see.

AC3.042 • 6/17 - 6/21 • Mon-Fri • 9am-12pm

Youth Camps

Mad Science of Sacramento Valley is one of over 100 Mad Science franchises in over 20 countries that entertain and educate millions of children every year with exciting, hands-on science! We have been serving Sacramento and 7 surrounding counties (Placer, El Dorado, San Joaquin, Yolo, Sutter, Solano and Amador) since 1995.

Ages: 6 - 12

Location: Lincoln Crossing Elem, Science Room
Instructor: Mad Science Staff
Fee: \$159/\$164NR

Castaway

An ecological adventure – Campers will find themselves stranded on an island....now what?! Work together using the supplies you have to learn to survive until you are rescued. Create shelters, use water filtration systems, and study the island's animals. Learn how to harness the sun's energy to create solar cookers, communicate with technology, and work as a team! Campers will build daily projects to survive and escape the island. Don't forget your new duct tape flip flops on your journey back home!

AC3.043 • 6/24 - 6/28 • Mon-Fri • 9am-12pm

NASA Journey Into Outer Space

It's the 50th anniversary of the Moon Landing! Mad Science and NASA have teamed up to bring you the excitement and wonder of space in this new voyage of discovery. See the principles of thrust and propulsion at work in a real rocket launch. Explore the atmosphere on earth and beyond. Watch star dust burn, and journey through a galaxy as you investigate the life cycle of stars. Explore the farthest reaches of our solar system and create a lunar eclipse in the "mad" planetary tour. Probe the mysteries of meteors and bounce around satellite light as you learn about space phenomena. Experience the life of an astronaut as you suit up for a space flight and then perform spacecraft repairs. This is an experience that is truly out of this world!

AC3.044 • 6/24 - 6/28 • Mon-Fri • 1-4pm

Crazy Chemworks

Get ready to lose your mind in the vast and exciting world of chemistry! This camp is full of reactions, observations, solutions, suspensions, explosions, concoctions, digestions, and reflections just to name a few. You will challenge your friends in the labware game, combat evaporation, be amazed at the awesome power of glue technology and trigger some shocking chemical reactions. You'll snoop out counterfeit money, launch chemical explosions (not TOO big) and learn how and why the chemical world works. So dive into our fantastically fun pool of chemical experimentation!

AC3.045 • 7/15 - 7/19 • Mon-Fri • 9am-12pm



Eureka! - The Inventors' Camp

Be inspired by the most famous inventors in history – Ben Franklin, the Wright Brothers, Leonardo DaVinci, Rube Goldberg! – and create your OWN Inventions! Use their techniques to break through a series of modern day challenges. You will learn how to invent solutions to problems and make them come to life, just like these legendary innovators did. Construct catapults and forts, design underwater vehicles, build a mini-amplifier, and assemble a working light saber to take home. Thomas Edison said invention is 10% inspiration and 90% perspiration, but this camp is 100% fun!

AC3.046 • 7/15 - 7/19 • Mon-Fri • 1-4pm

Detective Madness

Like to solve mysteries? Crack the case? You will step into the shoes of a real detective. Use science to uncover evidence and analyze the hidden secrets of a case. Put cool sleuthing tools and proven forensic techniques to work and unravel mysteries that would stump even Sherlock Holmes! Ok, well maybe they would fool your brother. But they'd be CRAZY to think they can fool DETECTIVE you!

AC3.047 • 7/22 - 7/26 • Mon-Fri • 1-4pm

Radical Robots

Great Scott! We need help to control our robots before they get the upper hand and take over the world! In this camp you will program robots, interact with them and build a cool robot to take home. Learn to control them with simple buttons, light, an easy graphical user interface and even your own voice! A wide range of challenges await everyone from the mature beginner to the most experienced roboteer. Get ready to fire up your skills of deductive reasoning and problem solving. By the end you'll have a new super-power to control robots everywhere!

An additional fee of \$25 for your robot kit is due at the first day of camp.)

AC3.048 • 6/17 - 6/21 • Mon-Fri • 1-4pm



Unleash your child's imagination this summer! These four day Art camps provide children a wonderful introduction to art. Whether you are a beginner or have experience, these camps help develop and enhance their skills. Each day brings projects that may include drawing, painting, and use of mixed media.

Ages: 7 - 12

Location: Twelve Bridges Library, Fir Room
Instructor: Courtney Tice
Monday - Thursday • 1 - 4pm

Pokémon Extravaganza

Does your child like Pokémon? This is the camp for them. In this four day camp, your child will experience the joy of drawing their own Pokémon, while learning the basics of watercolor and marker blending. Campers will draw popular creatures from Pokémon. We will create our own Pokémon cards. Please bring a peanut free snack and water bottle.

**You may bring cards to show and trade, but please no valuable cards.*

AC3.060 • 6/24 - 6/27 • \$130/\$135NR

An additional \$10 materials fee due at the first day of camp.



Dragons Through The Ages

In this four day camp, your child will draw and paint a variety of dragons from How to Train Your Dragon and the Percy Jackson books. They will also learn to draw elements of fire, ice and earth dragons. We will even learn how to create a machine dragon! Please bring a peanut free snack and water bottle.

AC3.061 • 7/15 - 7/18 • \$130/\$135NR

An additional \$10 materials fee due at the first day of camp.



Prepare for a timeless battle! Develop your understanding of the king of games with a dynamic instructor to coach you on your journey to become a Master. Perfect for beginners and those looking to improve their skills, this three day camp is fun and exciting with benefits that go far beyond the board itself. No previous knowledge of chess required.

Ages: 6-14

Location: Twelve Bridges Library, Fir Room
Instructor: Charlotte Bill
Fee: \$90/\$95NR

Mon-Wed • 1 - 3:30pm
AC3.155 • 7/22 - 7/24



Minecraft Master Engineering using LEGO®

Bring Minecraft to life using LEGO®! In this four day camp you will build a motorized walking Creeper, a terrifying Ghost, and a motorized Minecart! This project based camp combines the basic format of our core engineering-themed programs with projects based on the world of Minecraft. Students explore real-world concepts in physics, engineering, and architecture while building their favorite Minecraft objects.

**Campers are not able to take projects home*
Age: 6-11

Location: Twelve Bridges Library, Fir Room
Instructor: Play-Well TEKologies
Fee: \$126/\$129NR

Mon - Thurs • 1 - 4pm
AC3.160 • 8/5 - 8/8



Hoop Improvement Summer Skills Camp

This four day, fun filled camp will provide your young player the opportunity to learn about basketball in a fun and positive environment. Each day will feature easy to learn instruction along with enjoyable games and contests that will enhance their development and love of the game. Coach Rick Bauer is the owner and coach of Good Sport U.

Location: Twelve Bridges Elem School, Gym
Instructor: Rick Bauer
Fee: \$50/\$55NR

Age: 5 - 8
Mon-Thurs • 4:30-5:25pm
AC3.053 • 6/24 - 6/27
AC3.055 • 7/22 - 7/25

Age: 9 - 12
Mon-Thurs • 5:30-5:25pm
AC3.054 • 6/24 - 6/27
AC3.056 • 7/22 - 7/25



We also offer Hoop Improvement Classes

See page 13 for details





Dance Classes

Come experience Expressions Academy of Dance's approach to building self-confidence and giving students the solid foundation they need to become fearless dancers and individuals.

Location: Expressions Dance Academy, 780 Sterling Parkway, Suite 30, Lincoln, CA 95648

Dance Discovery, Mommy & Me Ballet

This 45 minute class is a magical way for you and your toddler to experience dance and movement together. Each week will begin with a fun song and dance warm up where they will be introduced to Ballet basics. This class includes dance, yoga, rhythm, music, singing and basic tumbling. Ages: 2 - 3

Sat • 10:30-11:15am
AC3.089 • 8/10 - 8/31 • \$50/\$55NR

Creative Movement

This class promotes creativity, dreams and pretend. This class includes Ballet, basic tumbling skills, yoga, creative movement and imagination. Dancers will move with scarves, wands and ribbons. They will make music with tambourines, maracas and rhythm sticks, and dream with their whole heart. Our purpose is to create a class that is fun, where each child feels excited, accepted and inspired. Ages: 3 - 4

Sat • 9:30-10:15am
AC3.088 • 8/10 - 8/31 • \$50/\$55NR

Hip Hop Mini's

This class is designed for the kids who just love to move and groove! This class combines Jazz and Hip Hop in a fun and age appropriate way! We learn the basic techniques of both genres, and create exciting and energetic dances. Ages: 4 - 6

Sat • 9:30-10:15am
AC3.090 • 8/10 - 8/31 • \$50/\$50NR

Ballet & Tap

This class is for the dancer who loves to move! Each week class begins with Ballet and changes shoes half way through! Students will learn new Ballet and Tap fundamentals, all the while having fun being creative and imaginative. The Ballet & Tap combo gives the students the ability to try two styles within one class, so that they may experience both the classics of Ballet and the fun of tap! Ages: 4 - 6

Sat • 10:30-11:25am
AC3.091 • 8/10 - 8/31 • \$55/\$55NR

Hip Hop

With clean, upbeat music we inspire our dancers to move to the rhythm. Our Hip Hop/Jazz classes fill dancers with energy and excitement. While focusing on both Hip Hop and Jazz techniques from classic styles to new modern aspects. Ages: 6 - 8

Fri • 5:30 -6:30pm
AC3.093 • 8/9 - 8/30 • \$55/\$60NR

Ballet Level 1

Our Ballet program follows the RAD (Royal Academy of Dance) Curriculum of teaching. Ballet has a long history of producing beautiful and strong dancers that exude poise and grace. We strive for excellence in technique, proper terminology, and teaching the importance of confidence while dancing. Everyone should get a chance to take Ballet, to learn new skills, meet new friends and ignite self worth. Ages: 6 - 9

Fri • 5:30-6:30pm
AC3.092 • 8/9 - 8/30 • \$55/\$60NR

What to Wear

Ballet, Creative Movement, Dance Discovery, and Ballet & Tap:

- Any color leotard, pink tights, ballet shoes (Tap shoes for Ballet & Tap)

Hip Hop & Hip Hop Mini's:

- Any color leotard and black on the bottom (leggings, pants, capris, or shorts)
Bare feet or tan jazz shoes

All classes must have their hair up in a ponytail, braid or bun

** Dress Code items available for purchase at Expressions Academy of Dance*

If you have any questions regarding Expressions Academy of Dance classes or dress code, give the office a call, and we will be happy to assist you. (916) 543-0299.

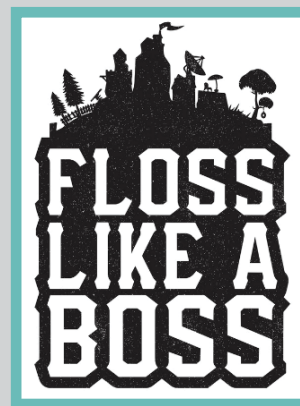
FORTNITE

Hip Hop Camp

Calling all Fortnite Dance enthusiasts! Join us for a three day camp full of fun, obstacles, crafts, challenges, dancing and more! Open to ages 6 and up, boys and girls! This camp will include learning many of the popular Fortnite dances, as well as challenges set by instructors, obstacle courses in our large dance room, and crafts that the dancers can take home! Snacks will be included each day, and we will have a small performance at the end of the last day of camp! Register now, this camp will sell out quickly!

Ages: 6+

Mon, Tues, Wed • 10am-1pm
AC3.094 • 7/8 - 7/10 • \$100/\$105NR



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916.434.3220

Gymnastics

These classes are for children ages 18 months to 10 years of age. Instructor Angie Floyd creates a fun program for girls and boys that teaches basic gymnastics skills in a positive learning environment. Each class includes activities that are geared toward improving gross motor skills, hand-eye coordination, and developing self-esteem in children. Sibling and family discounts are available.

Location: Community Center

No Class, 6/7, 8/31

Little Dippers

Parents assist their children in a wide range of fun activities designed to benefit toddlers physically, mentally, and socially.

Ages: 1.5 - 3

Tues • 10-10:45am

AC3.095 • 5/21 - 6/25 • \$54/\$59NR

AC3.096 • 7/9 - 8/13 • \$54/\$59NR

AC3.097 • 8/20 - 9/24 • \$54/\$59NR

Wed • 10-10:45am

AC3.098 • 5/22 - 6/26 • \$54/\$59NR

AC3.099 • 7/10 - 8/14 • \$54/\$59NR

AC3.100 • 8/21 - 9/25 • \$54/\$59NR

Fri • 9-9:45am

AC3.101 • 5/24 - 6/28 • \$45/\$50NR

AC3.102 • 7/12 - 8/17 • \$54/\$59NR

AC3.103 • 8/23 - 9/27 • \$54/\$59NR

Sat • 9:35-10:20am

AC3.104 • 6/1 - 6/29 • \$45/\$50NR

AC3.105 • 7/13 - 8/10 • \$45/\$50NR

AC3.106 • 8/24 - 9/28 • \$45/\$50NR

Big Dippers

These classes break down age appropriate gymnastics skills into achievable goals so that children can experience a fun and positive learning environment.

Age: 3

Tues • 11-11:45pm

AC3.107 • 5/21 - 6/25 • \$54/\$59NR

AC3.108 • 7/9 - 8/13 • \$54/\$59NR

AC3.109 • 8/20 - 9/24 • \$54/\$59NR

Wed • 9-9:45am

AC3.110 • 5/22 - 6/26 • \$54/\$59NR

AC3.111 • 7/10 - 8/14 • \$54/\$59NR

AC3.112 • 8/21 - 9/25 • \$54/\$59NR

Comets

These classes break down age appropriate gymnastics skills into achievable goals so that children can experience a fun and positive learning environment.

Ages: 3 - 4

Tues • 3:15-4pm

AC3.116 • 5/21 - 6/25 • \$54/\$59NR

AC3.117 • 7/9 - 8/13 • \$54/\$59NR

AC3.118 • 8/20 - 9/24 • \$54/\$59NR

Wed • 11-11:45am

AC3.119 • 5/22 - 6/26 • \$54/\$59NR

AC3.120 • 7/10 - 8/14 • \$54/\$59NR

AC3.121 • 8/21 - 9/25 • \$54/\$59NR

Fri • 11-11:45am

AC3.113 • 5/24 - 6/28 • \$45/\$50NR

AC3.114 • 7/12 - 8/17 • \$54/\$59NR

AC3.115 • 8/23 - 9/27 • \$54/\$59NR

Sat • 10:30-11:15am

AC3.122 • 6/1 - 6/29 • \$45/\$50NR

AC3.123 • 7/13 - 8/10 • \$45/\$50NR

AC3.134 • 8/24 - 9/28 • \$45/\$50NR

Shooting Stars

These classes break down age appropriate gymnastics skills into achievable goals so that children can experience a fun and positive learning environment.

Ages: 4 - 5

Tues • 9-9:45am

AC3.125 • 5/21 - 6/25 • \$54/\$59NR

AC3.126 • 7/9 - 8/13 • \$54/\$59NR

AC3.127 • 8/20 - 9/24 • \$54/\$59NR

Thurs • 4:30-5:15pm

AC3.128 • 5/23 - 6/27 • \$54/\$59NR

AC3.129 • 7/11 - 8/15 • \$54/\$59NR

AC3.130 • 8/22 - 9/26 • \$54/\$59NR

Fri • 10-10:45am

AC3.131 • 5/24 - 6/28 • \$45/\$50NR

AC3.132 • 7/12 - 8/17 • \$54/\$59NR

AC3.133 • 8/23 - 9/27 • \$54/\$59NR

Sat • 8:45-9:30am

AC3.134 • 6/1 - 6/29 • \$45/\$50NR

AC3.135 • 7/13 - 8/10 • \$45/\$50NR

AC3.136 • 8/24 - 9/28 • \$45/\$50NR

Galaxies

This transitional class focuses on learning fundamental gymnastics skills and developing strength and flexibility.

Ages: 5 - 6

Thurs • 5:25-6:10pm

AC3.137 • 5/23 - 6/27 • \$54/\$59NR

AC3.138 • 7/11 - 8/15 • \$54/\$59NR

AC3.139 • 8/22 - 9/26 • \$54/\$59NR

Fri • 3:30-4:15pm

AC3.140 • 5/24 - 6/28 • \$45/\$50NR

AC3.141 • 7/12 - 8/17 • \$54/\$59NR

AC3.142 • 8/23 - 9/27 • \$54/\$59NR

Beginning Gymnastics

Children learn basic gymnastics skills and progressions that promote strength, flexibility, and cardiovascular fitness.

Ages: 6 - 10

Tues • 5:10-6:10pm

AC3.143 • 5/21 - 6/25 • \$60/\$65NR

AC3.144 • 7/9 - 8/13 • \$60/\$65NR

AC3.145 • 8/20 - 9/24 • \$60/\$65NR

Fri • 5:30-6:30pm

AC3.146 • 5/24 - 6/28 • \$50/\$55NR

AC3.147 • 7/12 - 8/17 • \$60/\$65NR

AC3.148 • 8/23 - 9/27 • \$60/\$65NR

Intermediate Gymnastics

Allows children to take skills learned in Beginning Gymnastics to a more challenging level. Participation requires instructor approval.

Ages: 7 - 10

Tues • 4-5pm

AC3.149 • 5/21 - 6/25 • \$60/\$65NR

AC3.150 • 7/9 - 8/13 • \$60/\$65NR

AC3.151 • 8/20 - 9/24 • \$60/\$65NR

Fri • 4:30-5:30pm

AC3.152 • 5/24 - 6/28 • \$50/\$55NR

AC3.153 • 7/12 - 8/17 • \$60/\$65NR

AC3.154 • 8/23 - 9/27 • \$60/\$65NR



TINY TYKES

FUNdamental SOCCER

CAMPS For Ages 2 - 6

Location: Foskett Regional Park
 Instructor: Challenger Sports Staff
 Fee: \$130/\$135NR

All players will receive a soccer ball, camp t-shirt and player evaluation as part of their soccer package!



Challenger Sports, the leading soccer camp company in North America is excited to announce the launch of a brand new, innovative fully integrated soccer camp that will accelerate the learning process of young players! Challenger has combined the most popular elements of their two existing industry-leading camp programs, British Soccer and TetraBrazil, and has integrated them with a collection of the most effective soccer practices used by youth teams around the world.

TinyTykes is a new and exciting program that teaches basic soccer skills while developing strength, balance, coordination, listening skills and teamwork for children aged 2-6. Camps are Monday – Friday, this 5 day curriculum has been developed by soccer experts, child development professionals and experienced coaches, ensuring a positive soccer experience for your child! Program is coached by licensed & Professional British or Brazilian coaches.

TinyTykes Cubs Camp

A fun introduction to soccer focusing on games and activities to introduce and develop coordination, balance, running, stopping, turning, kicking, dribbling, throwing & catching.

Age: 2 - 3
 AC3.057 • 7/15 - 7/19 • Mon-Fri • 9-10am

What to Wear

Please wear soccer sports attire.
 Shin guards and soccer cleats are recommended, but not required.
 No open toed shoes.

TinyTykes Lions Camp

A more advanced camp dedicated to improving the fundamentals of soccer through games and activities further developing young players running, stopping, turning, kicking, dribbling, throwing & catching.

Age: 4 - 5
 AC3.058 • 7/15 - 7/19 • Mon-Fri • 10-11am
 Age: 5 - 6
 AC3.059 • 7/15 - 7/19 • Mon-Fri • 11am - 12pm

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Location: Twelve Bridges Elem
Instructor: Rick Bauer

Hoop Improvement For Kids

Hoop Improvement For Kids is designed for players who are beginner to intermediate and want to learn about basketball in a non-competitive setting. Each class will feature easy to learn instruction along with creative games that will develop their skills, knowledge and love of the game. Coach Rick Bauer is the owner and coach of Good Sport U. Some parental play is requested in this program. Hustle over to www.GoodSportU.com for more information.

Day: Mon
Fee: \$50/\$55NR

Ages: 4 - 6
AC3.049 • 5/6 - 6/3 • 5:30-6:25pm
No Class, 5/27

Ages: 7 - 9
AC3.050 • 5/6 - 6/3 • 6:30-7:25pm
No Class, 5/27



**We also offer a Hoop Improvement
Summer Skills Camp**
See page 9 for details



Come out to the field and have fun learning the basics of T-Ball and the value of sportsmanship. We will practice hitting, catching, throwing and running the bases. Fun drills and scrimmages will be played. All equipment is provided, so come on out and play. **Parent participation required.**

Location: McBean Memorial Park
Instructor: Coach Dani
Day: Saturday
Fee: \$50/\$55NR

T-Ball 1

Just the basics in this class. Your little one will learn how to hit, catch, throw and run the bases.

Age: 3.5 - 4

AC3.084 • 6/1 - 6/22 • 8:45-9:30am
AC3.085 • 7/6 - 7/27 • 8:45-9:30am

T-Ball 2

If your little one is just a beginner, or is working on their T-Ball skills, this is the class for them. We will focus on basic fundamentals and incorporate some more advanced skills.

Age: 4.5 - 5

AC3.086 • 6/1 - 6/22 • 9:45-10:30am
AC3.087 • 7/6 - 7/27 • 9:45-10:30am



Put Some Excitement In Your Life

Ages: 6 - 12
Location: Skatetown, 1009 Orlando Ave,
Roseville

Beginner Ice Skating

If you are a beginner ice skater, this is the class for you. Learn forward and backward skating, swizzles, one foot glides, a two foot spin and more. Includes 4 free skate rental passes. Makeup classes are not available.

***Please arrive 45 minutes prior to class time on the first day**

Wed • 5:45-6:15pm • \$80/\$85NR

AC3.031 • 4/24 - 5/15
AC3.032 • 5/22 - 6/12
AC3.033 • 6/19 - 7/10
AC3.034 • 7/24 - 8/14
AC3.035 • 8/21 - 9/11

Beginner Ice Hockey

Come learn the exciting and rapidly growing sport of Ice Hockey! This 4-week introductory class is designed to teach basic hockey skills and get kids hooked on hockey. Includes free hockey jersey, use of skates, helmet, gloves, and stick and one 75 minute class each week. Makeup classes are not available.

***Basic Ice Skating skills are required for participation in this class. Please arrive by 10:15am**

Sun • 11am-12:15pm • \$85/\$90NR

AC3.038 • 6/2 - 6/23
AC3.039 • 7/7 - 7/28
AC3.040 • 8/4 - 8/25

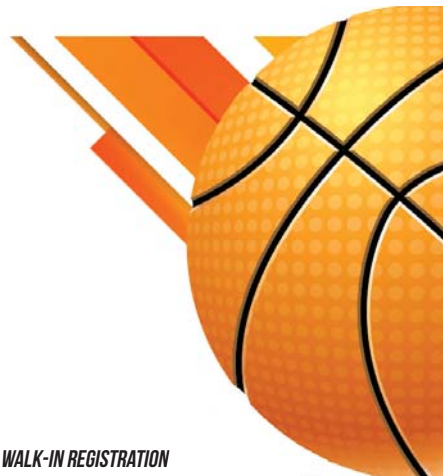
YOUTH OPEN GYM COMMUNITY CENTER 2010 FIRST STREET BASKETBALL

THURSDAYS
JUNE 20 - AUGUST 8
No Class, 7/4

SUMMER PASS • AC3.161 • \$20/\$25NR
DAILY DROP-IN RATE: \$5

AGES: 10+
TIME: 10AM - 12PM

***DROP-IN REQUIRES PARENT/GUARDIAN WALK-IN REGISTRATION**



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@lincolncasports
 916.434.3220

Kuk Sool Won

Location: Community Center
Instructor: John Santilena



Juniors 1 & 2

Ages: 6-12
Fee: \$100/\$105NR

Develop strength, quickness, balance, flexibility and coordination as well as improve your powers of concentration, self-discipline and self-confidence with the traditional martial art form of Korea, Kuk Sool Won.

No Class, 4/15, 4/16, 4/17, 4/18, 5/27

Junior 1

AC2.847 • 4/1 - 5/15 • Mon/Wed • 6-7pm
AC3.021 • 5/20 - 6/26 • Mon/Wed • 6-7pm
AC3.022 • 7/8 - 8/14 • Mon/Wed • 6-7pm

Junior 2

AC2.850 • 4/2 - 5/16 • Tues/Thurs • 7-8pm
AC3.023 • 5/21 - 6/27 • Tues/Thurs • 7-8pm
AC3.024 • 7/9 - 8/15 • Tues/Thurs • 7-8pm

Advanced Black Belt

Ages: 10+
Fee: \$100/\$105NR
No Class, 4/15, 5/27

AC2.853 • 4/1 - 5/13 • Mon • 5-6pm
AC3.025 • 5/20 - 6/24 • Mon • 5-6pm
AC3.026 • 7/8 - 8/12 • Mon • 5-6pm

Turtle Tots

Ages: 3.5-5
Fee: \$65/\$70NR

Introduce your child to the high energy environment of Martial Arts in this class for boys and girls. Turtle Tots is designed to help improve a child's balance, flexibility, coordination, self-confidence, respect and self-discipline.

No Class, 4/16, 4/18

Turtle Tots 1

AC2.838 • 4/2 - 5/14 • Tues • 6:30-7pm
AC3.015 • 5/21 - 6/25 • Tues • 6:30-7pm
AC3.016 • 7/9 - 8/13 • Tues • 6:30-7pm

Turtle Tots 2

AC2.841 • 4/4 - 5/16 • Thurs • 6:30-7pm
AC3.017 • 5/23 - 6/27 • Thurs • 6:30-7pm
AC3.018 • 7/11 - 8/15 • Thurs • 6:30-7pm

Dragons

Ages: 5-6
Fee: \$80/\$85NR

Beyond Turtle Tots but not ready for the Junior Martial Arts Program, Dragons is for children 5-6 years of age who have attended several Tots sessions but still may not be ready for Juniors. Dragons is designed for fun and to help improve your child's balance, flexibility, coordination, self-confidence, respect, and self-discipline. Sessions will also stress following instructions and working with others in a team setting. Uniforms are optional.

No Class, 4/17

AC2.844 • 4/3 - 5/15 • Wed • 5:15-6pm
AC3.019 • 5/22 - 6/26 • Wed • 5:15-6pm
AC3.020 • 7/10 - 8/14 • Wed • 5:15-6pm

Material Fee: Payable to instructor at the first class (includes uniform, belt, curriculum description, CD of the first Form, and a Lincoln Kuk Sool Won t-shirt). Turtle Tots – N/A, Dragons – \$80 (optional), Juniors – \$80, Adults – \$100

Family Discounts: 1-full price, 2-full price, 3-half price, 4 & on-FREE

**We also offer
Adult Kuk Sool Won and Tennis Classes!**

See page 18 for details

Tennis

Location: Jimenez Park, Tennis Courts
Instructor: Peter Haddow



Little Steps I

Age: 5-7
Fee: \$35/\$40NR

A program for boys and girls ages 5-7 aimed at developing tennis skills and sportsmanship with an emphasis on fun and games.

AC3.062 • 5/2 - 5/23 • Thurs • 3:30-4pm
AC3.063 • 6/27 - 7/25 • Thurs • 9-9:30am
No Class, 7/4
AC3.064 • 8/6 - 8/27 • Thurs • 3:30-4pm

Little Steps II

Age: 5-7
Fee: \$35/\$40NR

A tennis program for boys and girls ages 5-7. This class is not for beginners. Students must have taken at least 2 sessions of Little Steps I to be eligible for Little Steps Tennis II.

**Racquet Required*

AC3.065 • 5/7 - 5/28 • Tues • 3:30-4pm
AC3.066 • 7/2 - 7/23 • Tues • 9-9:30am
AC3.067 • 8/6 - 8/27 • Tues • 3:30-4pm

Pre-Academy I

Age: 8-12
Fee: \$55/\$60NR

A weekly class for pre-teen boys and girls geared towards building solid fundamental tennis skills in a fun environment.

AC3.068 • 5/2 - 5/23 • Thurs • 4-5pm
AC3.069 • 6/27 - 7/25 • Thurs • 9:30-10:30am
No Class, 7/4
AC3.070 • 8/6 - 8/27 • Thurs • 4-5pm

Academy I

Age: 8-12
Fee: \$55/\$60NR

A weekly tennis class for boys and girls ages 8-12 to further develop skills. Emphasis will be on drills and match play. This class is not for beginners. Students must have taken at least 2 sessions of Pre-Academy I to be eligible for Academy Tennis I. **Racquet Required*

AC3.071 • 5/7 - 5/28 • Tues • 4-5pm
AC3.072 • 7/2 - 7/23 • Tues • 9:30-10:30am
AC3.073 • 8/6 - 8/27 • Tues • 4-5pm

Pre-Academy II

Age: 12-16
Fee: \$55/\$60NR

A weekly tennis class for boys and girls ages 12 and older. Students will learn proper technique and participate in targeted drills designed to improve consistency and shot making.

AC3.074 • 5/2 - 5/23 • Thurs • 5-6pm
AC3.075 • 6/27 - 7/25 • Thurs • 10:30-11:30am
No Class, 7/4
AC3.076 • 8/6 - 8/27 • Thurs • 5-6pm

Academy II

Age: 12-16
Fee: \$55/\$60NR

A weekly tennis class for boys and girls ages 12-16 to further develop tennis skills. Emphasis will be on drills and match play. This class is not for beginners. Students must have taken at least 2 sessions of Pre-Academy II to be eligible for Academy Tennis II. **Racquet Required*

AC3.077 • 5/7 - 5/28 • Tues • 5-6pm
AC3.078 • 7/2 - 7/23 • Tues • 10:30-11:30am
AC3.079 • 8/6 - 8/27 • Tues • 5-6pm

Lifeguard Training Class

This class will teach participants the knowledge and skills needed to prevent and respond to aquatic emergencies. The class provides certifications needed for Lifeguards in California; Lifeguarding, CPR/AED for the Professional Rescuer, First Aid for Public Safety Personnel (Title 22) and Bloodborne Pathogens. You must pass an untimed 300 yd swim using front crawl and breaststroke and a timed 20 yd swim starting in the water, surface dive (head or feet first) to 10 lb. object between 7 and 10 feet, surface and swim back holding object on surface of the water with both hands in 1 minute 40 seconds. Must bring pocket mask to class.

AQ19.001 • 4/15 - 4/19

Ages: 15+

Day: Mon-Fri

Time: 9am - 5pm

Fee: \$195/\$200NR

Location: McBean Memorial Pool



LIFEGUARD CERTIFICATION COURSES

Will you wear the whistle?

Safety Classes

Home Alone Training

Will your young teen be staying home alone this summer? Prepare yourself and your child for this new adventure with Home Alone Training. This class will teach the skills your child will need to be home alone safely. Includes walking home, key responsibility, securing the house, answering the phone, safe choices, and emergency procedures. Certificate for both At Home Alone and First Aid is presented upon completion of the workshop. Handouts are included.

PG1.256 • 4/22

Ages: 9-15

Day: Mon

Time: 1pm - 4pm

Fee: \$45/\$50NR

Location: Lincoln Community Center



Babysitting Certification

Are you ready to become a babysitter? This class is designed to provide youth who are planning to babysit with the knowledge and skills necessary to safely and responsibly give care for children and infants. This training will help participants to develop leadership skills; learn how to develop a babysitting business, keep themselves and others safe and help children behave; and learn about basic child care and basic first aid. The recommended age for this course is 11-15 years old. Cost includes Red Cross Certification, book and lunch.

PG1.257 • 4/13

Ages: 11-15

Day: Sat

Time: 9:00am - 3:00pm

Fee: \$85/\$90NR

Location: Twelve Bridges Library



Teaching Young Teens

who babysit or stay home alone to be safe and secure!

Online Driver Education Course

Economic Driving School

This state required Online Drivers Education Course is approved by the California Department of Motor Vehicles. Reading, flash graphics, video's, quizzes, and practice tests will prepare the reader to pass the permit test at the Department of Motor Vehicles.

The course is very easy to use. You simply log into the website. Enroll, and you can begin immediately!

Ages: 15+

Fee: \$68.50

For more information about the course and to register go to:

<https://www.economicdrivingschool.com/online/>

Instructions to register:

1. Enter code • 3223 • under "How did you hear about us?"

2. Enter Promo Code "1978" to receive 40% off.





Lincoln Youth Sports CAMPS



Basketball Skills Camp

Players will learn and practice key fundamental and advanced skills including footwork, rebounding, defense and offensive position specific skills while incorporating this training into competitions and scrimmages. This is a great camp for all players looking to have fun, improve skills, and take their game to the next level.

Fee: \$80

Location: Twelve Bridges Middle School

Grades: 3rd - 5th • 10am-12pm

Grades: 6th - 8th • 1-3pm

Session 1

Registration Deadline: 6/14

Dates: 6/17 - 6/21 • Mon-Fri

Session 2

Registration Deadline: 7/19

Dates: 7/22 - 7/26 • Mon-Fri



Volleyball Summer Skills Camp

Come participate in this week-long youth volleyball camp to learn and polish those skills and get some extra practice as we will focus on strengthening individual skill sets and incorporating them into game situations all while having tons of fun.

Registration Deadline: 7/12

Fee: \$80

Location: Twelve Bridges Middle School

Dates: 7/15 - 7/19 • Mon-Fri

Grades: 3rd - 5th • 10am-12pm

Grades: 6th - 8th • 1-3pm



Flag Football Boot Camp

Our Lincoln Youth Flag Football season is rapidly approaching, so here is your chance to dust off your cleats and get some training in before the first practice! Get a great workout with this week-long, 2 hour skills camp that will cover everything you will need to work on for the upcoming season.

Registration Deadline: 7/26

Fee: \$80

Location: Foskett Regional Park

Dates: 7/29 - 8/2 • Mon-Fri

Grades: 3rd - 8th • 9-11am



GIVE A LITTLE, GET A LOT!

Be a youth sports coach today.

Flag Football coaches needed

**10 Week Commitment...
A Lifetime of Impact!**





Lincoln Youth Sports FALL LEAGUES

Lincoln Youth Flag Football League “Friday Nights, Under the Lights”

Lincoln Recreation is excited for another season of Lincoln Youth Flag Football for all boys and girls in the 1st - 8th grades. Lincoln Youth Flag Football is a non-contact, 5 on 5 league with practices twice a week. The Fall Season will feature a player combine followed by a player draft for 3rd - 8th grade divisions. 1st and 2nd grade teams will be randomly assigned. Come out and join us for this exciting new flag football experience. Games will be scheduled for Friday nights at Foscett Regional Park.

Registration Deadlines & Fees

Early: 5/20 - 6/30 • \$105

Regular: 7/1 - 8/11 • \$115

Late: 8/12 - 8/16 • \$125

\$10 sibling discount

Flag Football Player Combine

Saturday • 8/17

Location: Foscett Soccer Field #4

3rd & 4th Grade • 10am

5th & 6th Grade • 11:45am

7th & 8th Grade • 1:15pm

Please arrive 15 minutes early for check-in



TRACK AND FIELD CLUB



Join us for track and field! We have partnered with the Lincoln High School Track & Field program to offer an introduction to Track & Field. Participants will learn a variety of different events, such as: sprints, distance, long jump, high jump, hurdles and shot put. Participants will receive instruction on proper fundamentals and form. Instruction consists of proper warm-up routines, form-work, games and special activities.

Grades: 3rd-8th

Location: Lincoln High School Track

Spring Session

Registration Deadline: 4/15

Dates: 4/16, 4/17, 4/18

Fee: \$55

Day: Tues, Wed & Thurs

Time: 10am - 12:00pm

Summer Session I

Registration Deadline: 6/17

Dates: 6/18 - 6/27

Fee: \$60

Day: Tues/Wed/Thurs

Time: 5 - 7pm

Summer Session II

Registration Deadline: 7/15

Dates: 7/16 - 7/25

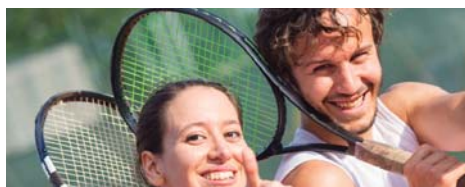
Fee: \$60

Day: Tues/Wed/Thurs

Time: 10am - 12pm



FOR MORE INFORMATION OR TO REGISTER, GO TO WWW.LINCOLNYOUTHSports.COM



Adult Intermediate Tennis

A tennis course for adults who play regularly and have a NTRP rating of 3.0 or higher. Groundstrokes, serves, volleys will be reviewed in addition to tactics, proper footwork and effective use of spin. The emphasis will be on drills and doubles play.

*Registration for this class requires instructor approval. Please contact the Recreation Department for enrollment (916) 434-3220.

Age: 16+

Fee: \$55/\$60NR

Location: Jimenez Park, Tennis Courts

Instructor: Peter Haddow

AC3.080 • 5/2 - 5/23 • Thurs • 6-7pm

AC3.081 • 8/1 - 8/22 • Thurs • 6-7pm

Adult Beginner Tennis

A course for adults who would like to learn to play tennis, the sport of a lifetime. Forehands, backhands, serves, volleys and specialty shots will be covered in addition to the rules of the game and proper tennis etiquette.

Age: 16+

Fee: \$55/\$60NR

Location: Jimenez Park, Tennis Courts

Instructor: Peter Haddow

AC3.082 • 5/2 - 5/23 • Thurs • 7-8pm

AC3.083 • 8/1 - 8/22 • Thurs • 7-8pm

Adult Tennis Socials

Come join us the second Saturday of the month for a friendly game of tennis! Whether it's Round Robin, tennis drills, or a quick set, come out and hit with us! All levels welcome, we start at 8am, at the Jimenez Courts off Groveland. See you out there!

Please bring your own chairs and arrive 15 minutes early to register.

Age: 18+

Fee: FREE

Saturday • 5/11, 6/8, 7/13, 8/10

8am - 11am

Location: Jimenez Park, Tennis Courts

* weather permitting



Lincoln Adult Tennis



Adult Kuk Sool Won

Kuk Sool Won, a traditional Korean Martial Art, can benefit anyone. With instructor John Santilena you will develop strength, quickness, balance, timing, flexibility, and coordination while improving your concentration, self-discipline and self-control. If you feel you are up for the challenges developed by the Korean Masters, here is your opportunity.

Age: 13+

Mon/Wed • 7-8pm

Fee: \$100/\$105NR

Location: Lincoln Community Center

AC2.856 • 4/1 - 5/15

No Class, 4/15, 4/17

AC3.027 • 5/20 - 6/26

AC3.028 • 7/8 - 8/14



Self Defense For Women

This class will combine the aspects of the class formally know as Practical Self Defense for Women with the curriculum currently taught in the Kuk Sool Won program. The difference is, NO MEN ALLOWED. Would you feel more comfortable with the ability to use simple items such as magazines, keys, and umbrellas as a means to protect yourself? Are you interested in boosting your confidence in situations where you presently find yourself uncomfortable? You will discuss and practice some common-sense ideas on what to look for, how to avoid a situation and some basic ideas of how to react should defense become necessary.

Age: 15+

Friday • 7-8pm

Fee: \$80/\$85NR

Location: Lincoln Community Center

AC2.859 • 4/5 - 5/17

No Class, 4/19

AC3.029 • 5/24 - 6/28

AC3.030 • 7/12 - 8/16

Practical Self Defense For Women

Would you feel more comfortable with the ability to use simple items such as magazines, keys, and umbrellas as a means to protect yourself? Are you interested in boosting your confidence in situations where you presently find yourself uncomfortable? The Lincoln Recreation Department, in cooperation with Lincoln Kuk Sool Won will be offering a 1.5 hour women's self defense seminar. NO MEN ALLOWED.

This class will provide you with some general tips on how to avoid and handle dangerous situations outside the home. You will discuss and practice some common-sense ideas on what to look for, how to avoid a situation and some basic ideas of how to react should defense become necessary.

*This class is **FREE**, space is limited, we ask that you pre-register for this class.*

Age: 15+

Friday • 7-8pm

Fee: **FREE**

Location: Lincoln Community Center



Adult Day Trips

Get out and see new places with our new addition of Day Trips For Active Adults! Come enjoy a fun day of travel to different destinations. Trips will be planned seasonally. Age: 50+

** Cost is determined by trip destination, starting at \$69.*

For more information contact
916.434.3223

Lincoln Senior Center

Age: 55+

Location: 391 H Street, Lincoln, CA 95648

The senior center is open Monday through Friday from 10:30am-1:00pm.

If you are interested in receiving a meal, please sign-up at the cafe' or call in to reserve your meal • 530.878.5718

If you are interested in attending, volunteering or supporting the Lincoln Senior Center please go to our web-page www.lincolnseniorcenter.org and enter your email address to receive updates.

** suggested contribution is \$3 per meal, but no one will be turned away if they are unable to contribute.*



Lincoln Senior Center
Keeping Seniors Connected to their Community



Seniors First
Keeping Placer County Seniors Independent and Not Forgotten

ADULT LEAGUES

SUMMER 2019

REGISTRATION DATES

EARLY: 4/1 - 4/14 REGULAR: 4/15 - 5/26 LATE: 5/27 - 6/2

FALL 2019

REGISTRATION DATES

EARLY: 7/8 - 7/21 REGULAR: 7/22 - 8/18 LATE: 8/19 - 8/25



League/ Division	Start Date Summer	Start Date Fall	Day	Early Team Fee	Regular Team Fee	Late Team Fee
Women's	6/10	9/9	Mon	\$475	\$500	\$525
Co-ed	6/11	9/3	Tues	\$475	\$500	\$525
Men's	6/13	9/5	Thurs	\$475	\$500	\$525

FREE AGENT LIST

New to Lincoln or just can't put a whole team together? Join our Free Agent program. We accept individual registration on an on-going basis for all of our adult sports leagues and form teams when there is enough interest to do so. If there are not enough free agents to form a team, the Free Agent List with your name and contact information will be distributed to all team captains prior to the start of the season. Free agent registration is only taken online at www.lincolnrecsports.com

LEAGUE INFORMATION

Team registration can be processed online at www.lincolnrecsports.com
or at the Lincoln Community Center,
2010 First Street.

3-ON-3 ADULT BASKETBALL LEAGUE

League/ Division	Start Date Summer	Start Date Fall	Day	Team Fee	Location
Co-ed	6/16	9/8	Sun	\$200	Community Center

HIGH SCHOOL BASKETBALL LEAGUE

League/ Division	Start Date Summer	Day	Team Fee	Location
Co-ed	6/16	Sun	\$475	Community Center

**Must be currently enrolled or going into High School.*

BASKETBALL OPEN GYM

WEDNESDAYS @ 8PM • COMMUNITY CENTER

PASSES AVAILABLE

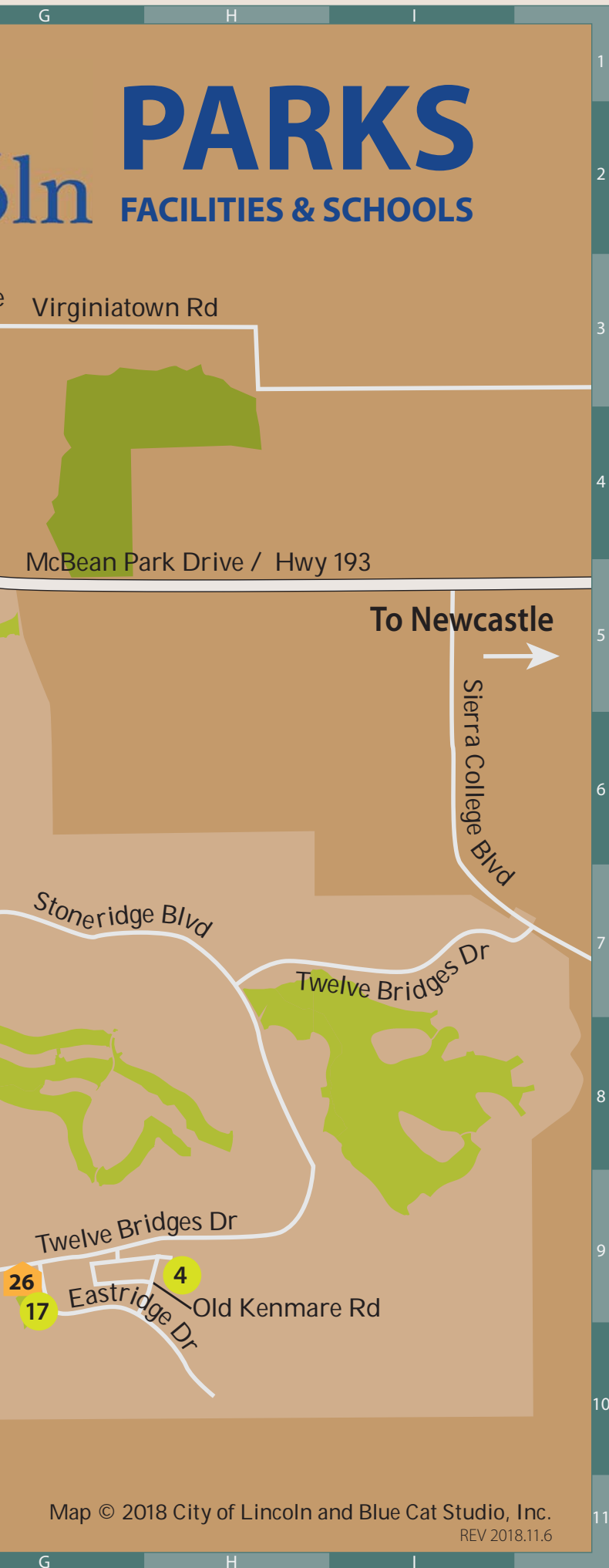
- 5 VISIT PUNCH PASS • \$20
- 10 VISIT PUNCH PASS • \$35

AGES: 18+

\$5.00 PER PLAYER







PARKS

	SOFTBALL/ BASEBALL TENNIS	SOCCER	BASKETBALL	POOL	HORSESHOE PITS	SKATE PARK	DOG PARK	RESTROOMS	PLAYGROUND	WATER FEATURE	COVERED PICNIC BBQ	
1 Aitken Park.										•		. C6
2 Auburn Ravine Park								•				. E5
3 Brown Park.										•	•	. B2
4 Coyote Pond Park										•		. H9
5 Foskett Regional Park . . .	•	•						•	•	•		. C2
6 Joiner Park		•	•					•	•			. D4
7 Machado Park.										•		. C5
8 Markham Park.								•	•		•	. C3
9 McBean Park.	•	•	•	•	•	•	•	•	•	•	•	. E4
10 Nathan Dubin Park.		•	•	•				•	•		•	. C7
11 Palo Verde Park									•		•	. G3
12 Pete Demas Park D7
13 Peter Singer Park		•	•					•	•		•	. D6
14 Robert Jimenez Park . . .	•			•				•				. D6
15 Scheiber Park									•		•	. C4
16 Sheffield Park									•		•	. E6
17 Twelve Bridges Park	•	•						•	•			. G9
18 Wilson Park	•							•	•			. E9

SCHOOLS

19 Carlin C. Coppin Elementary.	F3
20 Creekside Oaks Elementary	C5
21 First Street Elementary	D5
22 Foskett Ranch Elementary	C2
23 Glen Edwards Middle School	D4
24 Lincoln Crossing Elementary	D6
25 Lincoln High School	E4
26 Twelve Bridges Elementary	G9
27 Twelve Bridges Middle School	E9

OTHER CITY FACILITIES

28 Beermann Plaza	E4 (inset A9)
29 City Hall / WPUUSD District Offices	E4 (inset A8)
30 Civic Auditorium	E4 (inset B9)
31 Corporation Yard	A2
32 Fire Station #33	F4 (inset C9)
33 Fire Station #34.	C5
34 Fire Station #35	F9
35 Lincoln Community Center	C4
36 Lincoln Regional Airport	A2
37 McBean Park Pavilion	F4 (inset B10)
38 Police Department	E4 (inset A8)
39 Twelve Bridges Library	E9

485 Twelve Bridges Drive

(916) 434-2410 • 485 Twelve Bridges Drive

For current hours, programs, fundraisers, and happenings check the Library's website or Facebook page.

www.libraryatlincoln.org
www.facebook.com/libraryatlincoln
Library@lincolnca.gov

Remember, our digital branch is always open! Our e-books and online databases are available to you 24/7!

Mother Goose on the Loose

This fast-paced, fun activity for young children, their parents, or caregivers includes activities that help your little one to learn and grow. We play instruments, sing songs, repeat nursery rhymes, march, clap, listen to stories, and do lots of fun movements. Adults must accompany children at all times. Limited to first 100 participants.

Age: 0-4 years

5/2 - 8/29* • Thurs • 10:30am-11am OR 11:30am-12pm

Twelve Bridges Library - Homework Center

*except 5/16, 6/20, 7/18, 8/15

Family Movie Night

FREE- Sponsored by Friends of the Lincoln Library
 Join us for FREE family friendly movies - Check the Library website for exact titles! Doors open at 5:30pm, movie starts at 6pm. Limited to first 100 participants!

Sat • 5/18, 6/15, 7/20, 8/17 • 6pm
 Twelve Bridges Library - Willow Room

Adult Programs

The Library isn't just for kids. Come check out some of our new adult programs at the library, including Science Talks, a Mystery Book Club and author visits.

For more info on any of our adult programs, please feel free to stop by the library or to check out our website.

Read to a Dog!

www.lendaheart.org
 LAH therapy dogs and their handlers are coming to the Library! Practice your reading skills and make a new four-legged friend by reading a story to a dog. These are trained therapy dogs, so this is also a perfect opportunity to introduce shy young ones to dogs. Books are provided. All ages welcome! Sign ups begin at 2pm

Sat • 5/18, 6/15, 7/20, 8/17 • 3-4pm
 Twelve Bridges Library - Kid's Area

Poetry Open Mic

The Friends of the Lincoln Public Library invite members of the community to share their love of poetry while enjoying refreshments. Contact Sue Clark at (916) 434-9226. For all ages.

Sun • 5/12, 6/9, 7/14, 8/11 • 3-5pm
 Twelve Bridges Library - Willow Room

Homework Help for Students

Students needing help or just a quiet place to study can use the Homework Center. This program is run by volunteers who can assist students.

For grades: 1st - 8th

Mon/Tues/Wed • 5/1 - 5/22 • 2:45-4:45pm
 Twelve Bridges Library - Homework Center

Friends of the Lincoln Library

The Friends of the Lincoln Library (FOLL) invite you to join them in helping the Twelve Bridges Library! The Friends support various programs, including our Read For The Record, Summer Reading Program, Mother Goose On The Loose, Author Visits, Read Across America, Homework Center, Family Movie Night, Star Wars Day, Mystery Book Club, EBSCO research databases, and many others. To fund these programs the Friends hold quarterly book sales and manage a daily ongoing book sale inside the library. Your membership also helps to keep the Library open and programs running. Thank you, Friends!
Regular FOLL meetings: 2nd Tuesday of each month from 10am-12pm at Twelve Bridges Library- Willow Room

Book Sale

Hundreds of fiction, non-fiction, bestsellers, paperbacks, and children's books will be available for purchase. Prices start at \$0.25 and all proceeds go to the Friends of the Lincoln Library sponsored programs.

Sat • 6/8 • 11am-3pm
 Twelve Bridges Library - Lobby & Willow Room

Online Learning: Research

Find the most accurate, up-to-date information using Explora at the Lincoln Public Library. This research database is simple to use, and provides information from reference books and magazines as well as relevant images and videos. Explora also provides topic overviews, for those looking to get started learning on a new subject. Find this database, and many others, including research tools dealing with health, legal matters, small business help, learning different languages, and auto repair, under Online Learning on our website, www.LibraryAtLincoln.org. We also have several resources for eBooks and eAudiobooks, including Overdrive and Hoopla! In addition to eBooks, Hoopla also provides our patrons access to movies, TV episodes, music, and comics.

* you will need your library card number to use these services.

It's Showtime At Your Library!

Summer Reading Program 2019

Reading powers the imagination inside all of us, and fuels our self-expression. Add to your story as we take an exciting journey through books by joining our Summer Reading Program and help prevent the Summer Slide, where kids lose the good reading habits they'll need when the new school year starts.

Earn rewards, get creative, enjoy amazing performances from special guests, and have fun reading for 6 weeks. This year's program, IT'S SHOWTIME @ YOUR LIBRARY, is focused on the enjoyment of performance and the new discoveries to be found in books, the library, our community, and ourselves. Our reading program begins on June 8 and ends July 31. Join us each Wednesday for the first six weeks for crafts, activities, and other programs! **ALL AGES WELCOME!**

Crafts & Activities: Wednesdays • 6/12 - 7/17 • 2:30 - 3:30pm • Twelve Bridges Library - Homework Center

Kick Off Party • Saturday • 6/8 • 1 - 3pm • Homework Center

Stop by the Library and pick up an entertainment-themed reading log, make a craft, and get some great books to start off your summer reading!



ONLINE.

You can register online at www.lincolnrec.net.
 Register for youth sport leagues at www.LincolnYouthSports.com.
 Register for adult sport leagues at www.LincolnRecSports.com.
 Register 24 hours a day, 7 days a week.

WALK-IN.

You can register in our office at 2010 First Street.

PHONE.

Give us a call at (916) 434-3220.



Register Online Now!

Office Closures

The Community Center will be closed on the following dates:

May 27
July 4

Office Hours

8:30am-4:30pm (closed from 12-1pm)

Park & Recreation Committee Members

Kelly Velasco- Chair
 Richard Moore - Vice Chair
 Jim Datzman
 Dave Fear
 Tim Gervais
 Daniel Gilliam
 Tim Monelo
 Roger Ueltzen

Committee Meetings

The public is invited and encouraged to attend the regular quarterly meetings. Meetings are held on the first Wednesday of March, June, September, and December at 5pm at the City Hall, 600 Sixth Street, First Floor Meeting Room.

Scholarships

Scholarships are available for low income families. In order to obtain a scholarship, an application and income verification must be submitted. Approval of the scholarship may take up to 2 weeks. Please contact the Community Center at (916) 434-3220 for more information.

The City of Lincoln staff reserves the right to photograph facilities, activities and program participants for potential future use in advertising, brochures and the City's web page. All photos will remain the property of the City of Lincoln.

Every effort is made to ensure that the information printed in the Recreation Guide is accurate; however, please be aware that programs, dates, prices, or descriptions may change periodically. In the event of a program change, every effort will be made to notify registrants in a timely manner.

General Information

- Payments can be made using credit card, check or cash.
- Program prices, dates and times are subject to change.
- Class fees will not be prorated for any reason.
- Registration is on a first-come, first-serve basis.
- The City has established non-resident fees for recreation programs. A non-resident is a person who lives outside of the Western Placer Unified School District.

Refund Policy

Community Classes/Camps/Aquatics

- The City of Lincoln reserves the right to cancel, combine or divide classes; change time, date or place of classes; instructor; or make other changes necessary.
- **Failure to attend a class or "no shows" will not be granted a refund.** Refunds are only eligible if received a minimum of seventy-two (72) hours prior to the first class, unless otherwise noted. If a request is turned in less than seventy-two (72) hours, a refund will be determined on a case-by-case basis.
- Requests for refunds must be in writing, and can be submitted via fax, walk-in, mail, or email. Please email refund requests to amy.gregory@lincolnca.gov
- If the City of Lincoln cancels a program due to low enrollment, a full refund will be issued.
- If you are not satisfied with any of our programs, please contact the program supervisor.
- The online "convenience fee" will not be refunded.

Adult Sports Leagues

- Requests for refund must be received within 24 hours from the close of registration, unless otherwise noted. If a request is submitted after 24 hours, a refund will be determined on a case-by-case basis.
- Requests for refund must be in writing, and may be submitted via fax, walk-in or email. Please email refund requests to douglas.brown@lincolnca.gov
- If the City of Lincoln cancels a league due to low enrollment, a full refund will be issued. All other refunds will be assessed a \$20 processing fee.

Youth Sports Leagues

- Requests for refund must be received within 7 days from the close of registration, unless otherwise noted. If a request is submitted after 7 days, a refund will be determined on a case-by-case basis.
- Requests for refund must be in writing, and may be submitted via fax, walk-in or email. Please email refund requests to daniel.friese@lincolnca.gov
- If the City of Lincoln cancels a league due to low enrollment, a full refund will be issued. All other refunds will be assessed a \$10 processing fee.

Refund Request Forms are available online at www.LincolnRec.net

City of Lincoln Recreation is an approved vendor for the following schools:
 Horizon Charter Schools • South Sutter Charter School • Visions • Twin Ridges • Inspire



@lincolnparksrec
 @lincolnca



@lincolnparksrec
 @lysports



@lincolnparksrec
 @lincolncaports



916.434.3220

SIGN UP EARLY!

Our programs fill up quickly, so don't wait until the last minute to sign up for a class or program. Go online now to sign up!
www.LincolnRec.net

City of Lincoln
Community Center
2010 First Street
Lincoln, CA 95648



PRESENTS

2019

CITY OF LINCOLN SUMMER CONCERT SERIES

JUNE 28 • JULY 26 • AUG 23
7PM - 9PM



Flat
Busted
6/28

Gotcha
Covered
7/26

Moonshine
Crazy
8/23



FRIDAY NIGHT FUN

GREAT MUSIC - GOOD FOOD - DRINK TRUCK

Family Atmosphere & Activities

BEERMANN PLAZA

Contact: 916.434.3223 for SPONSORSHIP Opportunities